



# CLINICAL MENTAL HEALTH COUNSELING

## MASTER OF SCIENCE

### ABOUT THE PROGRAM

The M.S. in Clinical Mental Health Counseling (CMHC) offers training to those interested in working in clinical settings in the mental health and human services field. More specifically, you will gain the knowledge and learn the skills to treat clients who struggle with issues from adjusting to everyday life to serious mental health issues and concerns. While the classroom serves as one form of training ground, clinical experiences and field placements enhance the counselor-in-training with adequate skills to enter the field. For example, if you are interested in treating children, you may complete play therapy electives and choose a play therapy-focused internship.

Students completing the entire sequence of coursework will meet the educational requirements for the Texas State License in Professional Counseling. The State of Texas stipulates passing the National Counseling Exam and earning 3,000 clock hours of supervised clinical experience after earning the master's degree.

### CAREER OPTIONS

Mental Health Center Counseling  
Private Counseling  
Drug Abuse Treatment Centers  
Centers for Counseling Older Adults  
Child Protective Services  
Child Counseling Clinics

Family Counseling Centers  
Pastoral Counseling  
Private Practice  
Counseling Services in a  
Corporate/Industry Setting

### DELIVERY MODE

Face to face (with a few hybrid and online) course offerings;  
weekday evenings.

### START TERMS

Fall, Spring

### NUMBER OF CREDITS

60 credits

### PROGRAM LENGTH

Part-time: 3.5 yrs, Full-time: 2.5 yrs

### GRADUATE FACULTY

**Dr. Constance Lacy**  
Founding Dean, School of Human Services

**Samuel Boré, Ph.D.**  
LPC-S, Counseling Program Chair

**Jennifer Baggerly Ph.D.**  
LPC-S, RPT-S, Counseling Professor

**Deborah Ferguson-Cain, Ph.D.**  
LPC-S, Counseling Lecturer

**Yu-Fen Lin Ph.D.**  
LPC-S, Counseling Professor

**Joy Oliverira, Ph.D.**  
LPC – Counseling Lecturer

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The Clinical Mental Health Counseling program is fully accredited by the Council for Accreditation of Counseling and Related Educational Programs (CACREP), the premiere accrediting body for graduate counseling programs.

# CURRICULUM REQUIREMENTS

60 CREDIT HOURS

## CORE COURSES • 42 HOURS

- COUN 5680** – Basic Counseling Skills
- COUN 5710** – Counseling Theories
- COUN 5100** – Counseling Professional Orientation & Ethical Practice
- COUN 5050** – Educational Research
- COUN 5670** – Developmental Processes & Strategies
- COUN 5765** – Appraisal in Counseling
- COUN 5790** – Counseling Culturally Diverse Clients
- COUN 5470** – Career Development & Information Resources
- COUN 5480** – Diagnosis & Treatment
- COUN 5660** – Advanced Counseling Skills
- COUN 5740** – Group Counseling Theories & Procedures
- COUN 5300** – Organizational Systems & Advanced Ethics in CMHC
- COUN 5490** – Crisis Intervention Counseling
- COUN 5610** – Addiction Counseling

## AVAILABLE AREAS OF FOCUS

- Counseling Children** For students who want to specialize in play therapy.
- Counseling Adolescence** For students who plan to work with adolescents.
- Counseling Adults** For students who plan to counsel adults, couples, and families.

## ELECTIVE COURSES • 9 HOURS

*\*Based on desired track – Adult, Adolescent, Child  
(Select 3 of the following:)*

- COUN 5200** – Counseling Adolescents
- COUN 5500** – Human Sexuality in Counseling
- COUN 5580** – Family Counseling
- COUN 5590** – Couple Counseling
- COUN 5640** – Group Play Therapy
- COUN 5700** – Introduction to Play Therapy

## CLINICAL COURSES • 9 HOURS

- COUN 5690** – Practicum in Counseling
- COUN 5720** – Internship in Counseling I
- COUN 5721** – Internship in Counseling II

## PRACTICUM/FIELD EDUCATION

Supervised Practicum and Internships are completed near the end of the student's program. Practicum requires a minimum of 100 counseling hours. Internship experiences require a minimum of 600 hours under the supervision of a counselor in the student's area of interest. Students must apply for practicum and internship and get approval from the practicum/internship coordinator one semester before enrolling in the classes.

The Clinical Mental Health Counseling (CMHC) tracks are designed to prepare persons for work in private or public agencies where the primary focus is on the mental health concerns for clients of that target demographic.

*Licensure also requires National Counseling Exam and 3,000 hours supervised clinical experience after the Master's degree has been obtained.*

## APPLICATION PROCESS

- Apply at [applytexas.org](http://applytexas.org)
- Pay \$50 application fee
- Request official transcripts

## PROGRAM REQUIREMENTS

- Program Application
- 3 Recommendation Forms
- Essay
- Interview
- Onsite Essay (*Applicants will be required to write an essay during interview*)

## TUITION AND FEES

COST PER CREDIT HOUR	<b>\$376.31</b>
6 CREDIT HOURS	<b>\$2,132.86</b>
9 CREDIT HOURS	<b>\$3,186.79</b>

*Tuition and fees are subject to changes. For more information visit: [untdallas.edu/sbs/tuition-and-fees](http://untdallas.edu/sbs/tuition-and-fees)*

**Ready to get started?**

**For questions about admissions:**

Grad School Department:  
[GradSchool@untdallas.edu](mailto:GradSchool@untdallas.edu)  
972.338.1746

**For questions about academics & courses:**

Samuel Boré, Ph.D.  
Counseling Program Coordinator  
[Samuel.Bore@untdallas.edu](mailto:Samuel.Bore@untdallas.edu)  
972.338.1392

**For general questions & inquiries:**

Grad Counseling Program  
[GradCounselingProgram@untdallas.edu](mailto:GradCounselingProgram@untdallas.edu)  
972.338.1391