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UNIVERSITY OF NORTH TEXAS AT DALLAS

2022-2023 Academic Year Counseling Program Evaluation Report

**University of North Texas at Dallas
Counseling Program Evaluation Report
2022- 2023 Academic Year**

UNT Dallas Counseling Program continues to hold CACREP accreditation for the School Counseling and Clinical Mental Health Counseling programs. In addition, the School Counseling program is accredited by the Texas Education Agency.

Annual CACREP Reporting Requirements

Enrollment for the UNT Dallas Counseling Programs from Fall 2022 to Summer 2023 was as follows:

Masters in Counseling Enrollment		
Semester Enrollment	Clinical Mental Health Counseling (MS)	School Counseling (MED)
Fall 2022	116	10
Spring 2023	110	9
Summer 2023	91	6

Demographics of the UNT Dallas Counseling Program from Fall 2022 to Summer 2023 were as follows:

Clinical Mental Health Counseling Program:

Clinical Mental Health Counseling Program	Male	Female	Non-Binary /Gender Fluid	TOTAL
American Indian or Native Alaskan	0	0	0	0
Asian	2	3	0	5
Black	2	23	0	25
Hawaiian Native or Pacific Islander	0	0	0	0
Hispanic	6	34	0	40
Two or More	2	4	0	6
Unknown/Other	0	1	0	1
White	13	37	0	50
International Student	0	0	0	0
Active Duty Military	0	2	0	2
Veteran	1	2	0	3
With a Disability	0	4	0	4

From Fall 2022 to Summer 2023, the demographics of the CMHC program were 80.3% females and 19.7% males; 3.9% Asian, 19.7% Black, 31.5% Hispanic, 4.7% two or more, 1% unknown; and 39.4% White non-Hispanic. Veterans were 2.3% and people with a disability were 3.1%.

School Counseling Program

School Counseling Program	Male	Female	Non-Binary /Gender Fluid
American Indian or Native Alaskan	0	0	0
Asian	0	0	0
Black	0	1	0
Hawaiian Native or Pacific Islander	0	0	0
Hispanic	1	8	0
Two or More	0	0	0
Unknown/Other	0	0	0
White	0	0	0
International Student	0	0	0
Active Duty Military	0	0	0
Veteran	0	0	0
With a Disability	0	0	0

From Fall 2022 to Summer 2023, the demographics of the SC program were 50% females and 50% male; 50% Black and 50% Hispanic. None were veterans and none had a disability.

Graduates of the UNT Dallas Counseling Program from Fall 2022 to Summer 2023 were as follows:

Graduated Program	Fall 2022	Spring 2023	Summer 2023	Total
Clinical Mental Health Counseling (MS)	7	10	1	18
School Counseling (MED)	1	1	2	4

Between Fall 2022 and Summer 2023, **18 students graduated from our Clinical Mental Health Counseling program** and **4 students graduated from our School Counseling program.**

Completion rate is difficult to calculate because students are allowed 8 years to complete the 60 hour CMHC program and 7 years to complete the 48 hour SC program. Although most students complete the CHMC and SC program in 3 to 4 years, depending on if they attend full time or part time, some students take longer to complete the program due to health, family or career issues. Therefore, the completion rate for Fall 2022-Summer 2023 was based on CMHC students entering during our first CMHC cohort in Fall 2014-Spring 2015 (N=24) and SC counseling students entering Fall 2015-Spring 2016 (N=6). The **completion rate for CMHC students entering Fall 2014-Spring 2015 was 20 out of 24 (83.3 %)**. The **completion rate for SC students entering Fall 2015-Spring 2016 was 1 out of 6 (16.7%)**.

Of those alumni who responded to the 2023 UNT Dallas Counseling Alumni survey question about employment, % of Clinical Mental Health counseling responding alumni were employed, with % in the field of counseling and % outside the field of counseling; while % of School Counseling responding alumni were employed as Certified School Counselors.

National Counselor Exam (NCE) and TExES School Counselor Exam Pass Rates

Our graduates usually perform well on licensing and certification examinations. Between Fall 2022 and Summer 2023, 20 of our UNT Dallas students or graduates took the National Counselor Examination, the standardized examination required for state licensure as a professional counselor, and 19 passed, indicating a **NCE pass rate of 95%**. Between Fall 2022 and Summer 2023, 4 School Counseling graduates took the TExES School Counselor Examination and 4 passed, indicating a **TExES pass rate of 100%**.

Objectives

Program faculty continue to affirm our program objectives and priorities, which are as follows:

Through a curriculum grounded in social justice and service learning, graduates will gain exposure to diverse field-based experiences that assist them to develop foundational knowledge, skills, and dispositions necessary for success in clinical mental health and school counseling settings. Specifically, graduates will:

1. Demonstrate mastery of core counseling knowledge and skills necessary for licensure and certification.
2. Through a process of personal and professional reflection, identify a guiding theory of counseling that will serve as a foundation for counseling.
3. Develop and maintain effective, culturally responsive counseling relationships.
4. Cultivate ethical and legal disposition to counseling practice.
5. Demonstrate social justice advocacy and leadership skills in counseling practice.
6. Develop, manage, and evaluate counseling services and programs.

Evaluation Results

Internship Site Supervisor Reports

We asked Internship site supervisors to rate their UNT Dallas Counseling interns. Based on results from site supervisors of 25 students in their final internship across Fall 2022, Spring 2023, and Summer 2023, the percentage of interns who were rated as “consistently meets criteria” or “exceeds criteria“ in administrative skills, counseling clinical skills, multicultural competencies, ethical behavior, professional relationship skills was 100%.

Counselor Preparation Comprehensive Examination (CPCE)

The Counselor Preparation Comprehensive Examination (CPCE) Total Score passage rate in Fall 2022 was 86%, Spring 2023 was 92%, and Summer 2023 was 100%.

CPCE Passing	Fall 2022	Spring 2023	Summer 2023
Number of Students Taking the Exam	7	13	3
Number of Students Passing the Exam	6	12	3
Total with Passing Score	86%	92%	100%
Ethics	100%	100%	100%
Social & Cultural Foundations	100%	100%	100%
Human Growth/ Development	100%	100%	100%
Career	100%	100%	100%
Helping Relationships	86%	92%	100%
Group	100%	100%	100%
Assessment	100%	92%	100%
Research	100%	100%	100%

Student Survey

In September 2023, students were surveyed about their perceptions of UNT Dallas' counseling program strengths and areas of needed improvement. Sixteen students out of 142 requests sent responded to this student survey, resulting in an 11.3% response rate. Related to program goals, student survey respondents who either strongly agreed or agreed that the program was helping them develop a professional **counselor identity** was 100%; articulate a **guiding theory** was 100%; and becoming a **multi-culturally competent social justice advocate** was 94%. Student survey respondents who either strongly agreed or agreed that UNT Dallas faculty provide **quality teaching** was 94%; believed the **diversity of students** benefited their professional development was 100%; and were **satisfied with the counseling program** was 94%. Students identified **program strengths** as quality professors, diversity of students, CACREP accreditation, low tuition, personal growth, and experiential learning. They identified **areas for improvement** were help finding internship sites, more hybrid courses rather than 100% online, adjunct professor preparation, and clear information on CPCE and NCE registration.

Alumni Survey

In September 2023, alumni were surveyed about their perceptions of UNT Dallas' counseling program strengths and areas of needed improvement. Out of 101 requests sent, 6 alumni responded to the survey, resulting in a 6% response rate. When asked how well the UNT Dallas Counseling program prepared them to be an **effective counselor**, 100% of alumni survey respondents to that question indicated they were either prepared or very well prepared. Alumni survey respondents were asked to rate how well they were prepared based on a number of items. The percentage of CMHC alumni survey respondents who indicated they were either very well prepared or prepared for applying **ethical standards** was 100%; **multicultural counseling competencies** was 100%; **social justice advocacy** was 100%; understanding **human development** was 100%; **counseling theories** was 100%; **career development** was 100%; conducting **individual counseling** was 100%; **group counseling** was 100%; **client assessment** was 83%; **diagnosis** was 50%; crisis intervention was 83%; and **using data** and literature to

develop programs was 100%. Alumni survey respondents were **employed in a counseling** related field was 83% and those employed in a non-counseling related field was 17%. Alumni identified **program strengths** predominantly as great professors, diversity, one-on-one support, and practical experience of professors. Alumni's recommendations for **program improvement** were improved relationships with internship sites, retain good professors, and adjunct professor knowledge.

Program Modifications Based on Evaluations

Upon review of the data, the counseling faculty plan the following changes to improve the program:

1. Continue to develop program information CANVAS page for counseling students that explains accurate CPCE and NCE procedures.
2. Continue to develop comprehensive information on internship options.
3. Develop video explaining the licensure process in Texas.
4. Develop orientation for adjunct professors and provide well developed CANVAS page.
5. Offer more hybrid courses, rather than 100% online courses.

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